



LUNCH
12 - 3 MONDAY - SATURDAY

@framptonsnewforest

SALADS

ROAST RED PEPPER & FETA
courgette, cous cous 7.95 v

ROAST CHICKEN & PANCETTA
mixed leaves, croutons, house dressing 8.5

BREAD gfo

TRIPLE CHEESE & MUSHROOM TOASTIE 7.95 v

GOATS CHEESE & RED PEPPER TOASTIE
spinach 7.5 v

SMOKED SALMON & CHIVE CREAM
caper & fennel salad on sourdough 8.5

STEAK SANDWICH
topside of beef, garlic butter, horseradish cream,
pickles 8.75

BRAISED PORK BRIOCHE
sriracha bbq sauce, apple & carrot salad 8.75

SIDES

SIDE SALAD 4.95 vg

FRIES 3.5 v

SWEET POTATO FRIES 4.5 v

THICK-CUT CHIPS 4.5 v

FAVOURITES

SOUP OF THE DAY
sourdough, whipped butter 6.5 gfo

BUTTERNUT SQUASH & BEAN CASSEROLE
sweet potato crisp, salsa verde 8.5 vg/gf

MAC & CHEESE
braised ham hock, applewood cheese sauce,
fennel crumb 8.95

HAM, EGG & CHIPS
honey glaze, two fried eggs, thick-cut chips,
homemade piccalilli 9.95

BATTERED COD
minted peas, tartare sauce, thick-cut chips 11.5

RIVER FOWEY MUSSELS
white wine, cream, fries 12.95 gf

BURGERS

APPLEWOOD BURGER
beef, applewood smoked cheddar, red onion
marmalade, fries 12.75 add streaky bacon 1.5

PIRI PIRI CHICKEN BURGER
house piri piri marinated chicken breast,
lemon mayonnaise, fries 13.75

FALAFEL BURGER
grilled halloumi, mint & cucumber yoghurt, fries
13.75 v

v vegetarian vg vegan gf gluten free ns contains nuts/seeds o option available
we can't list every ingredient so if you have an allergy or intolerance please let us know